Terms and Conditions for Rise Through Counseling

Effective Date: January 1, 2026

These Terms and Conditions apply to your use of rise-through.com (the "Site"), operated by Rise Through Counseling in Birmingham, Alabama. By using the Site, you agree to these terms. If you do not agree, please do not use the Site.

1. Website Information

The Site provides general information about Rise Through Counseling, its services, and related educational topics. Website content is for informational purposes only and is not a substitute for individualized mental health care, diagnosis, or treatment. Reading the Site or contacting the practice through it does not create a therapist-client relationship.

2. No Emergency or Crisis Service

The Site and its contact forms are not monitored for emergencies. Do not use them to request immediate help. If you may be in immediate danger or need urgent assistance, call 911 or go to the nearest emergency department. In the United States, you may call or text 988 for the Suicide & Crisis Lifeline.

3. Contact Forms and Communications

When you submit a form or contact us by email, phone, or another method listed on the Site, you agree to provide information that is accurate to the best of your knowledge. Please do not send highly sensitive or urgent health information through a general website form or unsecure email. We will use information you submit as described in our Privacy Policy. Contacting us does not guarantee that we can provide services or that we have received your message.

4. Appointments and Counseling Services

Information on the Site about counseling services, availability, fees, and scheduling is general and may change. Any counseling services are subject to separate intake documents, informed consent, practice policies, and professional requirements. Those documents govern the counseling relationship if they conflict with these website terms.

5. Acceptable Use

You agree to use the Site lawfully and not to disrupt, damage, or interfere with its operation, attempt unauthorized access, introduce malicious code, or use the Site in a way that violates another person's rights. We may restrict access to the Site if we reasonably believe it is being misused.

6. Intellectual Property

Unless otherwise stated, content on the Site, including text, graphics, design, and logos, belongs to Rise Through Counseling or is used with permission and is protected by applicable intellectual property laws. You may view and print pages for personal, noncommercial use. You may not reproduce, distribute, modify, or commercially use Site content without prior written permission, except as allowed by law.

7. Third-Party Links and Services

The Site may link to third-party websites or services for convenience. We do not control or endorse those sites and are not responsible for their content, availability, security, or practices. Your use of a third-party site is governed by its own terms and policies.

8. Disclaimers and Limitation of Liability

We work to keep the Site information useful and current, but provide it "as is" and do not guarantee that it will always be complete, accurate, available, or free of errors. To the fullest extent permitted by law, Rise Through Counseling is not liable for indirect or consequential losses arising from your use of, or inability to use, the Site. Nothing in these terms limits liability where applicable law does not allow that limitation.

9. Indemnification

To the extent permitted by law, you agree to be responsible for claims or losses resulting from your misuse of the Site or violation of these terms, including reasonable costs arising from that misuse.

10. Privacy

Our collection and use of information through the Site are described in our Privacy Policy. Please review that policy for details about information you provide when visiting or contacting us through the Site.

11. Changes to These Terms

We may revise these Terms and Conditions from time to time. We will post the updated version on the Site and change the effective date above. Your continued use of the Site after a revision means you accept the updated terms.

12. Governing Law

These terms are governed by the laws of the State of Alabama, without regard to its conflict-of-law rules, except where applicable law requires otherwise. Any dispute concerning these terms or your use of the Site will be handled in a court with appropriate jurisdiction in Alabama, subject to applicable law.

13. Contact Us

Hiller Burton, LPC, NCC, CAS
Rise Through Counseling
Birmingham, Alabama
Hiller@rise-through.com
(205) 202-0341